



# Company Profile 2025

Healthcare professionals dedicated to your well-being  
To us, patients are people first and foremost

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# 1. GROUP OVERVIEW

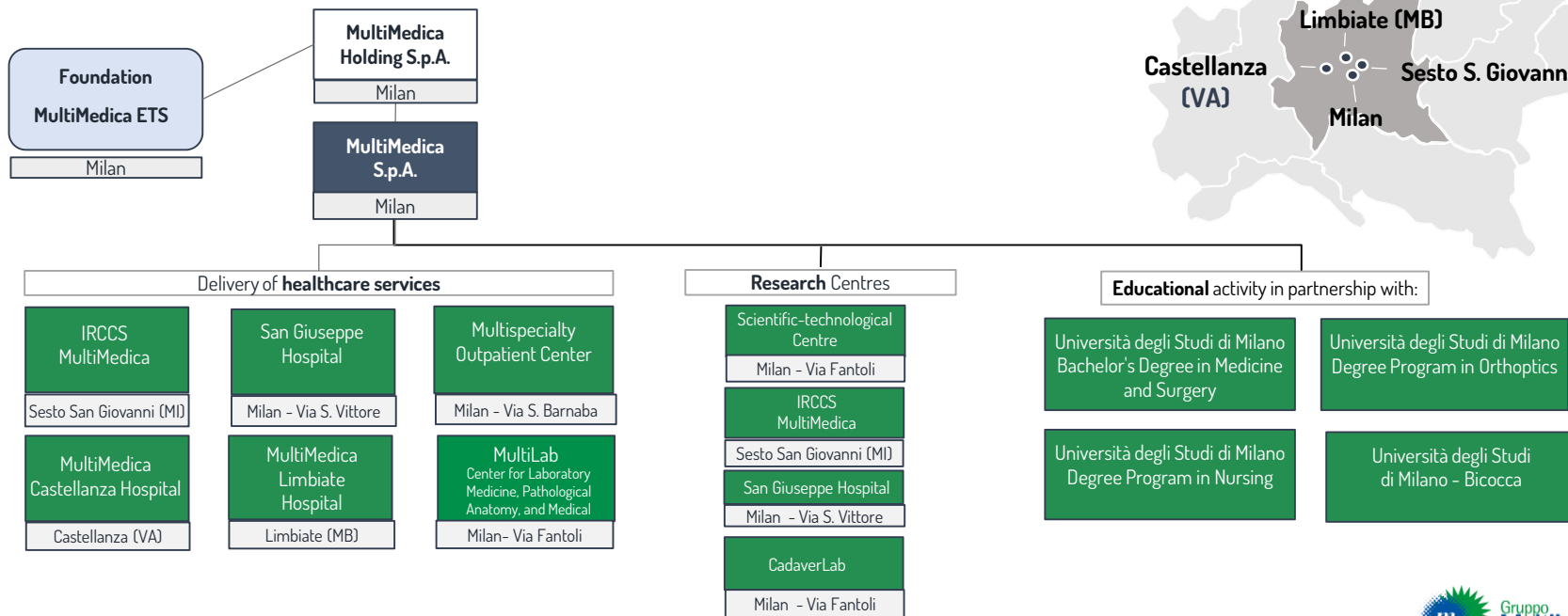
Pages 2 to 12

With nearly 40 years of history, MultiMedica Group is one of **the top players in the Italian private-accredited healthcare sector**, operating **in Lombardy** both under accreditation with the National Health Service and in a private setting, with agreements also in place with major insurance entities and funds.

The Group consists of **5 clinical care facilities** (including **1 IRCCS**, Research Hospital and Scientific Institute specializing in cardiovascular and metabolic diseases), **1 Laboratory Medicine Center**, which also includes laboratories for pathological anatomy, somatic molecular diagnostics, medical genetics and molecular genetics, **1 scientific-technological hub**, and **1 ETS Foundation**.

MultiMedica Group is also a university teaching center, in partnership with the Università degli Studi di Milano and the Università degli Studi di Milano-Bicocca.

## LOMBARDY





### Management Team

#### Board of Directors

P. Raffaele BESSO  
A.D. Daniele SCHWARZ  
A. Giorgio IACOBONE  
A. Anna SCHWARZ

**Nomination**  
Shareholders' meeting

**Composition**  
4 counselors

**Term of office**  
3 years

### Control Bodies

#### Board of Statutory Auditors

P. Paolo COMUZZI  
S.E. Piero A. BUSNACH  
S.E. Giovanni TALIENTO  
S.S. Antonio MICALIZZI  
S.S. Marcello MERLINI

**Nomination**  
Shareholders' meeting

**Composition**  
3 Effectives + 2 Substitutes

**Term of office**  
3 runnings

#### Auditing firm



BDO ITALIA S.P.A.

**Nomination**  
Shareholders' meeting

**Term of office**  
3 runnings

### Supervisory Bodies

#### Supervisory Body (D.Lgs 231)

P. Enrico GIARDA  
M. Giuseppe PERSANO ADORNO  
M. Carmen SOMMESE

**Nomination**  
Board of Directors

**Composition**  
3 members

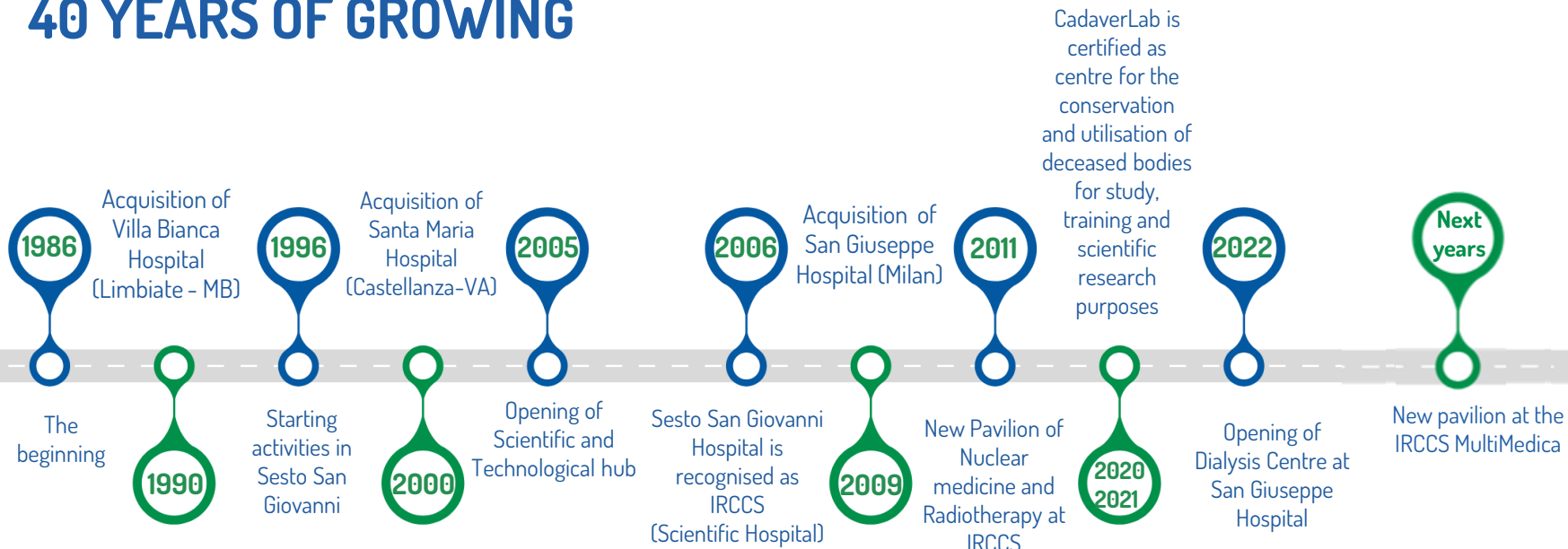
**Term of office**  
3 runnings

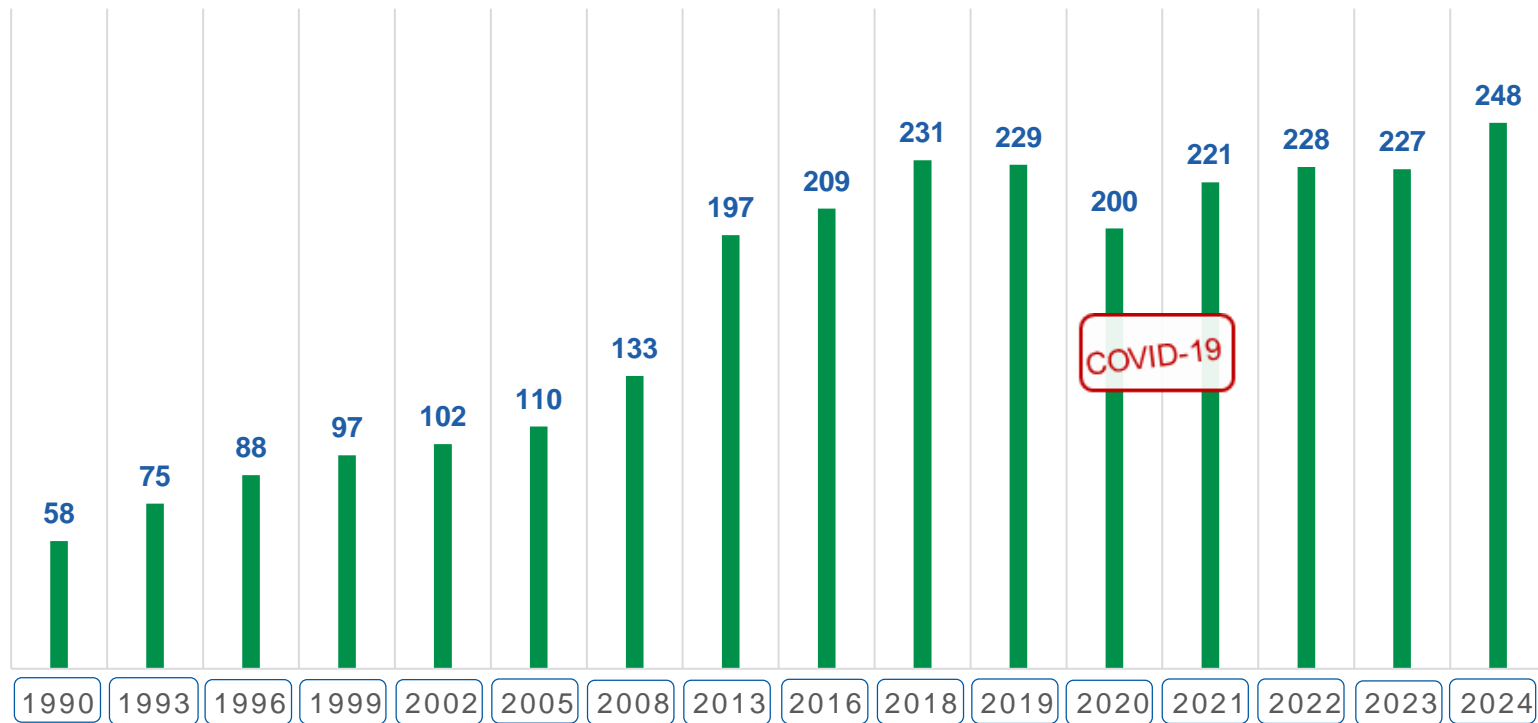


MultiMedica Group adopts a business management model certified by an independent external body (Bureau Veritas), according to the international reference standard UNI EN ISO 9001, as an integrated tool for business management and clinical governance.



# 40 YEARS OF GROWING





**IRCCS MULTIMEDICA**

Scientific Hospital for Cardiovascular and  
Metabolic Diseases

- 26,400 sqm
- 163 beds
- 29 dialysis stations

**SCIENTIFIC &  
TECHNOLOGICAL CENTRE**

- Research laboratories
- Centre for Laboratory Medicine, Pathological Anatomy and Medical Genetics
- Centre for Occupational Medicine
- Reference center for the preservation and use of deceased bodies
- 10,000 sqm

**SAN GIUSEPPE HOSPITAL**

University Hospital

- 25,800 sqm
- 346 beds
- 12 dialysis stations
- 35 cots

**MULTIMEDICA LIMBIATE  
HOSPITAL**

Rehab Hospital

- 4,000 sqm
- 71 beds

**MULTIMEDICA CASTELLANZA  
HOSPITAL**

General Hospital

- 23,300 sqm
- 262 beds
- 19 dialysis stations

**MULTIMEDICA  
OUTPATIENTS CLINIC**

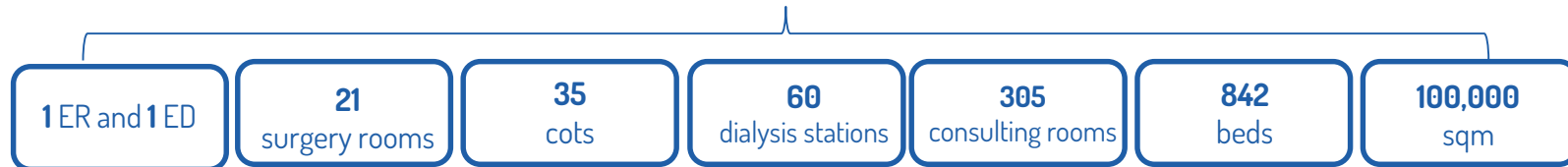
Multispecialty Clinic

- 542 sqm

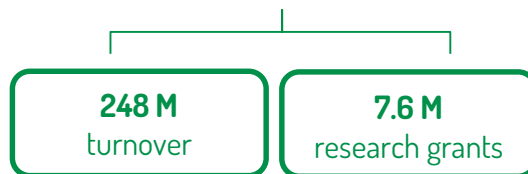




## STRUCTURAL RESOURCES



## ECONOMICS





## VOLUMES OF ACTIVITY

**3,691,593**  
Outpatient medical  
services

**27,042**  
Surgical  
interventions

**143,173**  
Days of  
hospitalization

**24,660**  
Discharged  
patients

**40,918**  
Emergency  
department visits

## RESEARCH AND TRAINING

**290**  
scientific  
publications

**1,580**  
IFN points

**70**  
trial, studies and  
protocols

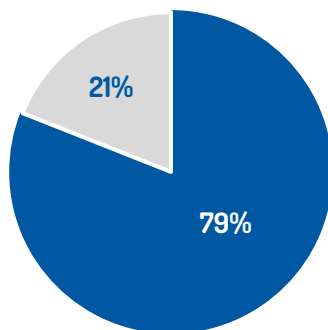
**4,864**  
learners

**29,491**  
CME credits

**39,919**  
training hours

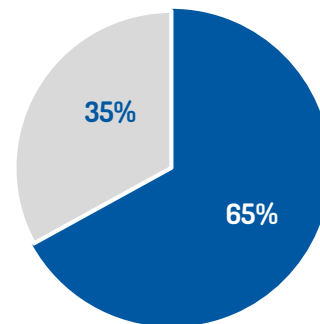
# 2,315 EMPLOYEES

## Job Activity



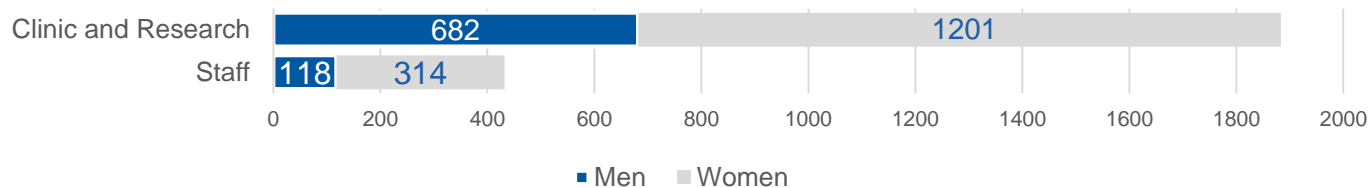
■ Employees ■ Other

## Men/Women

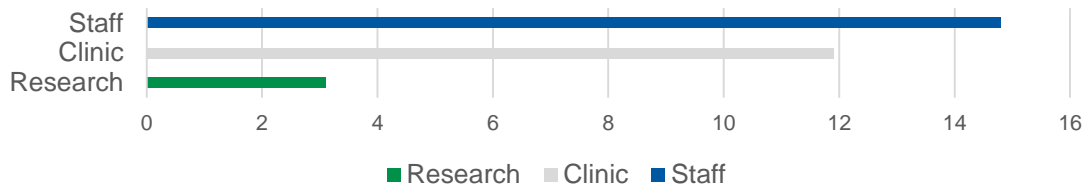


■ Women ■ Men

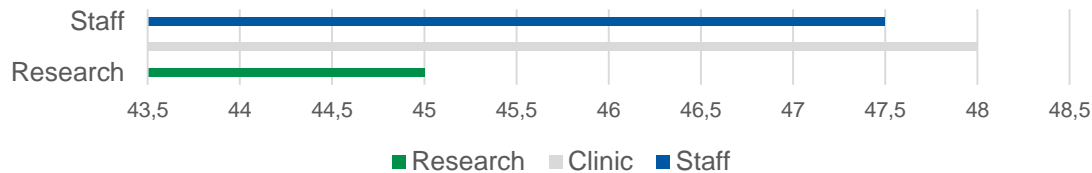
## Gender/Job Activity



## Seniority



## Average Age – Job activity



## 2. CLINIC

Pages 13 to 22



ALLERGOLOGY

ANESTHESIA AND INTENSIVE CARE

BARIATRIC SURGERY

BREAST SURGERY

CARDIAC REHABILITATION

CARDIAC SURGERY

CARDIOLOGY

CERVICOFACIAL SURGERY

CLINICAL PSYCHOLOGY

DENTISTRY AND STOMATOLOGY

DERMATOLOGY

DIABETIC FOOT TREATMENT

DIETETICS

ELECTROPHYSIOLOGY AND CLINICAL  
ARRHYTHMOLOGY

EMERGENCY AND URGENT CARE MEDICINE

ENDOCRINOLOGY AND DIABETOLOGY

GASTROENTEROLOGY AND DIGESTIVE  
ENDOSCOPY

GENERAL SURGERY

GYNECOLOGY AND OBSTETRICS

HAND SURGERY AND REHABILITATION

HEMODYNAMICS

HEPATOLOGY

INTERNAL MEDICINE

LABORATORY MEDICINE

MEDICAL AND MOLECULAR GENETICS

MEDICAL ONCOLOGY

NASAL ENDOSCOPY

NEONATOLOGY

NEPHROLOGY AND DIALYSIS

NEUROLOGY

NEUROPHYSIOLOGY

NUCLEAR MEDICINE

OCCUPATIONAL MEDICINE

OPHTHALMOLOGY

ORTHOPEDICS AND TRAUMATOLOGY

OTOLARYNGOLOGY  
(ENT – EAR, NOSE AND THROAT)

PALLIATIVE CARE

PATHOLOGICAL ANATOMY AND  
SOMATIC MOLECULAR DIAGNOSTICS



PHYSICAL AND REHABILITATION MEDICINE

PLASTIC SURGERY

PNEUMOLOGY

PREGNANCY PATHOPHYSIOLOGY

RADIATION THERAPY

RADIOLOGY

THORACIC SURGERY

UROLOGY

VASCULAR SURGERY

**MultiMedica Group is also:**

- ✓ **Reference Centre** in the Lombardy Network **for the management of complex trauma and micro-vascular emergencies of the hand and upper limb**
- ✓ **Reference Centre** for the **Lombardy STEMI Network**
- ✓ **Reference Centre** for the **Lombardy Nephrological Network** ReNe
- ✓ **Reference Centre** for **Vascular Surgery and Thoracic Pathology** – Regional Level II
- ✓ **Regional Centre** for the **Prevention, Diagnosis and Treatment of Diabetic Foot** (Level III)
- ✓ **Spoke Centre** for **Digestive Endoscopy**

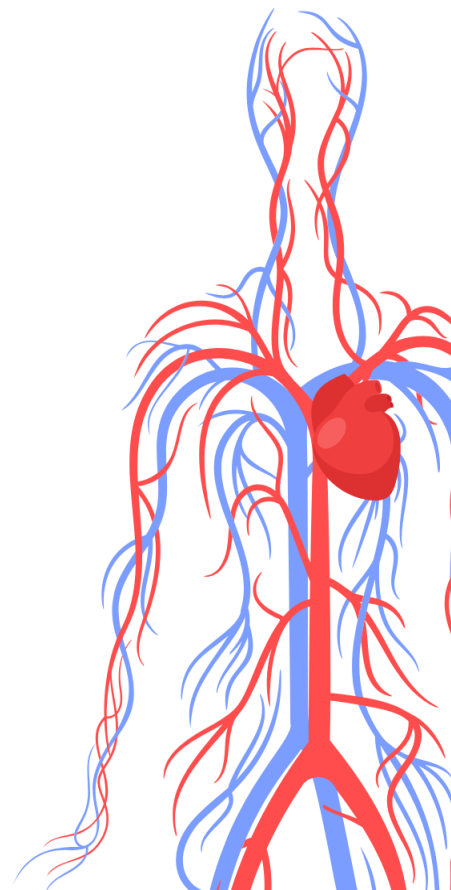
## Cardiovascular and Metabolic Department

In 2006, the MultiMedica Hospital in Sesto San Giovanni, which also includes basic research activities conducted at the MultiMedica Scientific and Technological Hub in Milan, was recognized by the Ministry of Health as a **Scientific Institute (IRCCS) in the field of Cardiovascular System Diseases**. This prestigious recognition has strengthened the role of **the Cardiovascular and Metabolic Department as one of the Group's flagship sectors**.

The strong integration between care activities, clinical research, and basic research enables the IRCCS to excel in **translational research**, particularly regarding the study of Heart Failure and Diabetes.

Confirming its scientific and clinical value, since May 2015, within the framework of the National Networks of Excellence for Cardiovascular Diseases, the Ministry of Health has assigned the IRCCS MultiMedica the **coordination of the “Heart Failure” Working Group** and actively involved it in the **“Hypertension – Diabetes and Metabolic Complications” Working Group**.

In this context, particular mention goes to the **Diabetology Unit** of the MultiMedica Group, recognized as a national reference point for its ability to implement personalized care pathways and provide comprehensive management of the disease—from its pre-clinical onset to the treatment of the most severe complications, such as **diabetic foot**.



*next*





The Cardiovascular and Metabolic Department also includes:

### Clinical Electrophysiology and Arrhythmology Center

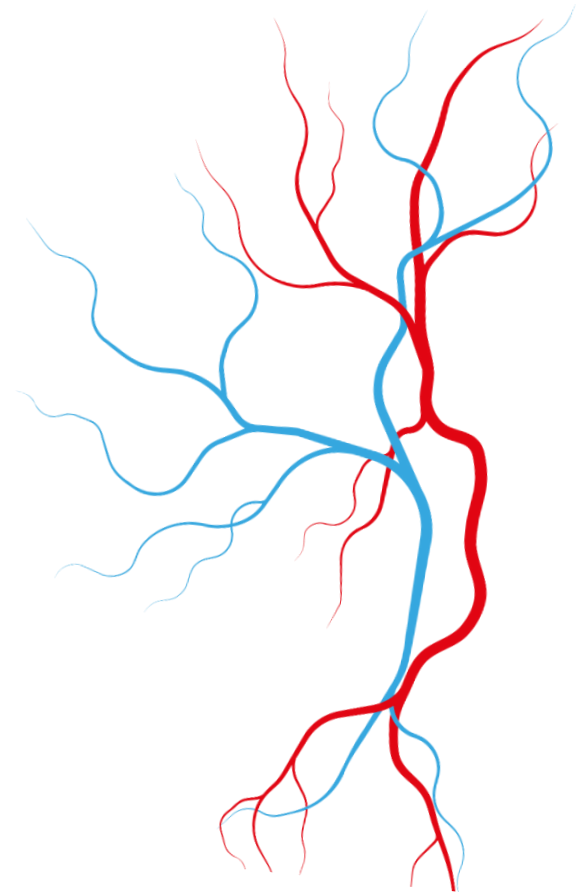
The mission of the Clinical Electrophysiology and Arrhythmology Center at IRCCS MultiMedica is to care for patients with cardiac and cardiovascular arrhythmia problems. The facility utilizes **the most advanced intervention methods and technologies**, such as catheter ablation for atrial fibrillation and subcutaneous or leadless defibrillators. Located within the MultiMedica Scientific Institute (IRCCS), the Center is also distinguished by **extensive research activities** focused on the development of implantable devices, expanding indications for pharmacological options, and interdisciplinary collaboration.

### Cardiac Rehabilitation Department

The Specialist Cardiac Rehabilitation program of the MultiMedica Group operates **across three sites**: the IRCCS in Sesto San Giovanni, the San Giuseppe Hospital in Milan and the Castellanza Hospital, with **a total of 108 beds**. Recognized for its high clinical expertise, the facility specializes in the treatment and follow-up of complex patients, particularly **after complicated cardiac surgery and/or those with advanced chronic heart failure**.

Over the years, MultiMedica has developed highly specialized medical and nursing skills, particularly in caring for patients with tracheostomy cannulas, difficult surgical wounds (including infected wounds and deep diastasis), and refractory heart failure.

The **increasing clinical complexity due to population aging and comorbidities** requires an integrated and multidisciplinary approach. For this reason, MultiMedica has established specialized teams consisting of internists, infectious disease specialists, nephrologists, intensivists, and dietitians, capable of effectively addressing and resolving challenges that may arise during each patient's cardiac rehabilitation journey.



## Pneumology

A flagship of San Giuseppe Hospital, the **Center for Rare Pulmonary Diseases** is **one of the few in Europe** to provide integrated and specialized care for both rare interstitial lung diseases (such as pulmonary fibrosis, sarcoidosis, LAM) and vascular diseases (pulmonary hypertension, vasculitis), as well as connective tissue diseases involving the lungs.

With **over 1,000 patients under care**, the Center is recognized by the Lombardy Region as a regional reference center for rare diseases, with a specific focus on LAM (lymphangioleiomyomatosis), for which it serves as a national clinical and scientific reference point.



## Maternal and Child Care Department

San Giuseppe Hospital is a **leading center in Milan for pregnancy, childbirth, and support for parenthood**. Every year, **approximately 1,200 babies are born** in its delivery rooms, which are equipped with the latest technologies.

The **multidisciplinary team** consists of specialists in gynecology, obstetrics, pregnancy pathophysiology, and neonatology, supported by midwives and pediatric nurses with specific expertise in managing newborns with medical conditions.

**The Neonatology Unit, classified as a Level II Center**, is equipped with incubators for the care of sick newborns, ensuring safe and specialized treatment from the very first moments of life.

The hospital's services are further enriched by **numerous specialized outpatient clinics** — including a Neonatal Osteopathy clinic — and additional support services for new parents and their babies, such as cord blood collection, a Donated Human Milk Bank, and **home obstetric-nursing care**.



## Hand Surgery and Rehabilitation

Founded in 1996, the Hand Surgery and Rehabilitation Unit of the MultiMedica Group is today **the largest department of its kind in Europe**. With over 80 dedicated professionals and approximately **8,000 procedures performed annually**—including **more than 600 on children with congenital malformations**—it represents a national center of clinical and educational excellence.

**It hosts the Specialty School** and serves as a leading reference point in Italy for professional training in Hand Surgery.

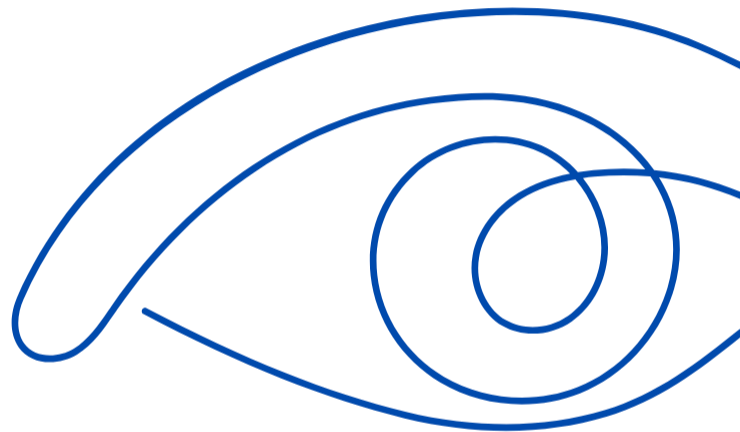
The Unit is capable of treating a wide range of conditions: trauma, degenerative diseases, congenital malformations, tumors, and complex pain syndromes. The surgeon evaluates the most appropriate approach for each case, selecting among traditional surgery, minimally invasive techniques, or microsurgery.

The **post-operative pathway is managed by a team of highly specialized physiotherapists** who design a personalized rehabilitation program for each patient, essential for the full recovery of function.



## Ophthalmology

The Eye Clinic at San Giuseppe Hospital is a point of excellence for the diagnosis, treatment and monitoring of a wide range of eye diseases. Thanks to a highly qualified team, **advanced technology** and a long tradition of research and care, the Centre is able to address a **broad spectrum of eye diseases**, offering specialized and personalized treatment. Among the diseases treated are age-related cataracts, eyelid diseases, corneal diseases, glaucoma, retinal diseases, Vernal keratoconjunctivitis, anterior segment disorders and tear film disorders. **In the pediatric field, the Centre is recognized at European level for the management of serious eye diseases**, such as congenital cataract, congenital glaucoma, congenital ptosis and hereditary retinal dystrophies.



## Neurological rehabilitation

Specialized Rehabilitation activities are available **at all MultiMedica Group Hospitals**, offering programs that cover the entire spectrum of rehabilitation needs, from neuromotor to respiratory conditions.

A particular mention goes to the **High-Complexity Intensive Neurological Rehabilitation**, which is organized in an integrated manner across the various Group Hospitals.

**The Limbiate MultiMedica Hospital** offers neurological patients (especially those affected by movement disorders and severe acquired brain injuries) the opportunity to follow a **meta-cognitive rehabilitation pathway** in a specially designed space called the Integrated Laboratory, where a psychologist and physiotherapist collaborate on an integrated approach combining neuromuscular recovery with the cognitive experience of motor re-learning.

At the **Castellanza MultiMedica Hospital**, within the field of neurolesions, the case load mainly involves the treatment of residual disability resulting from spasticity. In this area, the use of the **Movement Analysis Laboratory** plays a major role; it is equipped with the **most advanced** multifactorial analysis tools, allowing instrumental evaluation data to complement clinical findings during patient assessments. Finally, the **San Giuseppe Hospital** specializes in the care of patients who have suffered ischemic stroke or cerebral hemorrhages in the post-acute phase. Patients are managed with a multidisciplinary approach involving medical, physiotherapy, nursing care, and, in selected cases, speech therapy and psychological support.



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# 3. RESEARCH

Pages 23 to 26



Under the **Scientific Direction** of **Prof. Paola Muti** and with the support of **229 researchers**, IRCCS MultiMedica (Sesto San Giovanni), in the field of **clinical and translational research**, designs and conducts highly innovative studies aimed at the implementation of precision medicine. All the studies conducted place **patients' preferences and values at the center** of care and research activities through the use of patient-reported-outcomes that contribute to evaluating the efficacy of innovative therapies by including information on their perception of efficacy and their quality of life. In this direction the Institute pursues:

- **Continuity of care aimed** at improving patient care and reducing hospital admissions and related costs, to be implemented also through the intensive adoption of new remote monitoring and telemedicine technologies (with particular reference to heart failure, respiratory and diabetes).
- **New intervention models** for primary cardiovascular and pneumological prevention through the coordination of research, treatment and care activities on the major cardiovascular and pneumological risk factors such as diabetes – obesity, dyslipidemia and hypertension, environmental pollution, dysmetabolism..
- **New strategies for the prevention** of cardiovascular, pulmonological and oncological pathologies on the basis of evidence of the association of cardio-oncological pathologies and reverse cardio-oncology.
- **New forms** of internal organization for taking care of individuals suffering from cardiovascular diseases through the systematic adoption of PDTAs.
- **Support for the activities of young researchers and promotion** of their participation in internal external, national and international calls for proposals.





### IRCCS MultiMedica: a single Institute operating across three locations

- The **Hospital in Sesto San Giovanni** serves as the “heart” of IRCCS MultiMedica’s **clinical activity** and translational research. Here, high-level patient care is seamlessly integrated with clinical trials, with a particular focus on cardiovascular and metabolic diseases.
- The **Scientific and Technological Hub** in Milan is dedicated to **basic and applied research**, offering a highly specialized environment for the development of preclinical and experimental research projects.
- The **CadaverLab**, also located at the Scientific Hub, is recognized as a **reference center for the preservation and use of cadavers** for educational, training, and scientific research purposes. It represents an **outstanding resource for advanced surgical training and medical-scientific innovation**.

### Translational Research Laboratories

- Lipids, Lipoproteins, and Cardiovascular Diseases
- Metabolic and Cardiovascular Diseases
- Genetics of Cardiovascular Aging-Related Diseases
- Molecular Pathology, Biochemistry, and Immunology
- Cardiovascular Pathophysiology and Regenerative Medicine
- Innovative Methods for the Prevention and Treatment of Chronic Degenerative Diseases

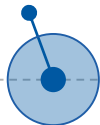
### Facilities:

- Cell cultures
- Microscopy
- MOGM BL2
- Flow cytometry
- Bacterial cultures
- Lab Omics

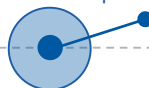


**RESEARCH LINE 1**

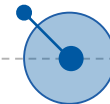
Common and rare cardiovascular and pulmonary diseases: cardiopulmonary pathophysiology, translational research, diagnosis, therapy, and personalized secondary prevention.

**Research Lines****RESEARCH LINE 2**

Dysmetabolism, obesity, aging, and inflammation-immunology as common risk factors for cardiorespiratory diseases and their chronic-degenerative consequences (nephropathies, reverse cardio-oncology, neurological complications): translational research, clinical-experimental applications, and precision primary prevention.

**RESEARCH LINE 3**

Role of the MACRO-environment (external) and MICRO-environment (internal) in the development and progression of cardiopulmonary diseases.

**Results (2024)**

- **1,580** Normalized Impact Factor points for a number of publications equal to 290, of which 1,175.63 are attributable to the Cardiovascular-Pulmonary Research area alone for a number of publications equal to 182.
- **70** active trials with **4,232** patients (recruited+ follow up)
- **3.5 M €** of ministerial funding (Ministry of Health)
- **1.5 M €** of public funding
- **2.6 M €** of private funding

**Network**

In order to increase the effectiveness of its research activities, the IRCCS MultiMedica has established contractual relationships with various universities, private institutes and public research bodies.

It also adheres to the 'Cardiological Network' promoted by the Ministry of Health for the coordination of scientific and technological research in the field of cardiovascular diseases and related risk factors.

In this context, IRCCS MultiMedica participates in multi-year projects of national relevance such as CV Prevital - Strategies for primary cardiovascular prevention in the Italian population, Health Big Data - Virtual Institutes of Pathology of the Italian Network of IRCCS, CVRISK-IT Trial.

## 4. TRAINING

Pages 27 to 28



## Institutional Objectives

- To contribute to the classroom and field training of the new medical-nursing class
- To protect the health of its employees by providing internal training courses on accident prevention and safety in the workplace in accordance with the law
- Keeping GPs, specialists and paramedical staff up-to-date in the field of research, clinical and health organisation

## Training (2024)

- **39,919** training hours
- **4,864** learners
- **29,491** CME credits

## University Training (2024)

MultiMedica Group has an agreement with the University of Milan and the University of Milan Bicocca. In particular, the **San Giuseppe Hospital is a Teaching Hub** for the Degree Course in Medicine and Surgery, the Degree Course in Nursing and the Bachelor Degree in Orthoptics at the University of Milan. In the Academic Year 2024-2025 it hosted:

- **169** Medicine students
- **143** Nursing students
- **56** Orthoptics students

**Training on anatomical preparations** within its Scientific and Technological Hub, MultiMedica Group has implemented the Cadaver Laboratory, the first one within a hospital group. A space where healthcare professionals can study, experiment, perfect surgical practices, deepen their anatomical knowledge but also try out new interventional methods. In 2021 the MultiMedica CadaverLab was recognized as a **reference center for the preservation and use of deceased bodies for study, training and scientific research purposes.**



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## NEWSLETTER MULTIMEDICA

Un nuovo canale di informazione del Gruppo MultiMedica che raccoglie i contributi di tutti i nostri specialisti.

Un appuntamento periodico di divulgazione e confronto, con **curiosità e consigli pratici** per il benessere e la salute di grandi e piccini.

[ISCRIVITI](#)

# ISCRIVITI



Gruppo\_MultiMedica  
Ospedale San Giuseppe Gruppo MultiMedica



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