



Company Profile 2026

Healthcare professionals dedicated to your well-being.

To us, patients are people first and foremost

1. GROUP OVERVIEW

Pages 2 to 9



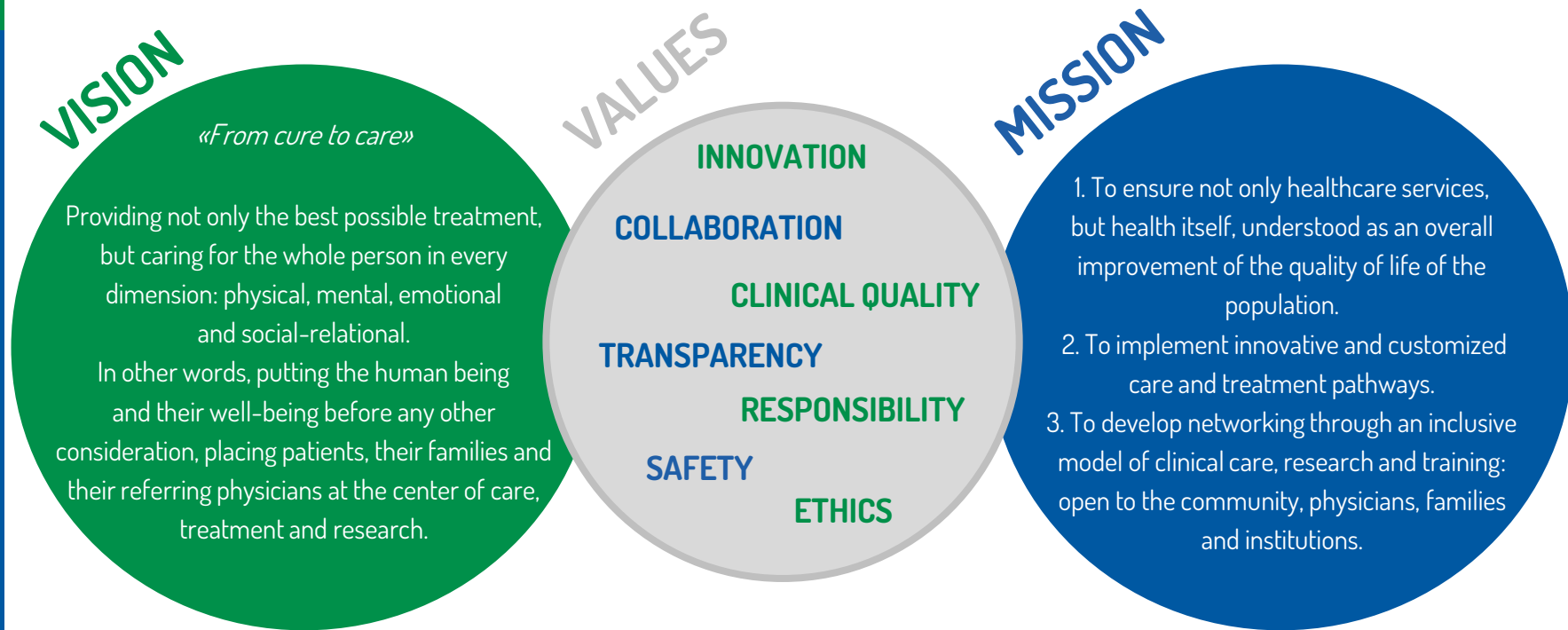
With **40 years of history**, the MultiMedica Group is one of the leading providers in Italy's **accredited private healthcare** sector. It operates in **Lombardy** both under accreditation with the Italian National Health Service (SSN) and on a private basis, including agreements with the main health insurance providers and healthcare funds.

The Group includes:

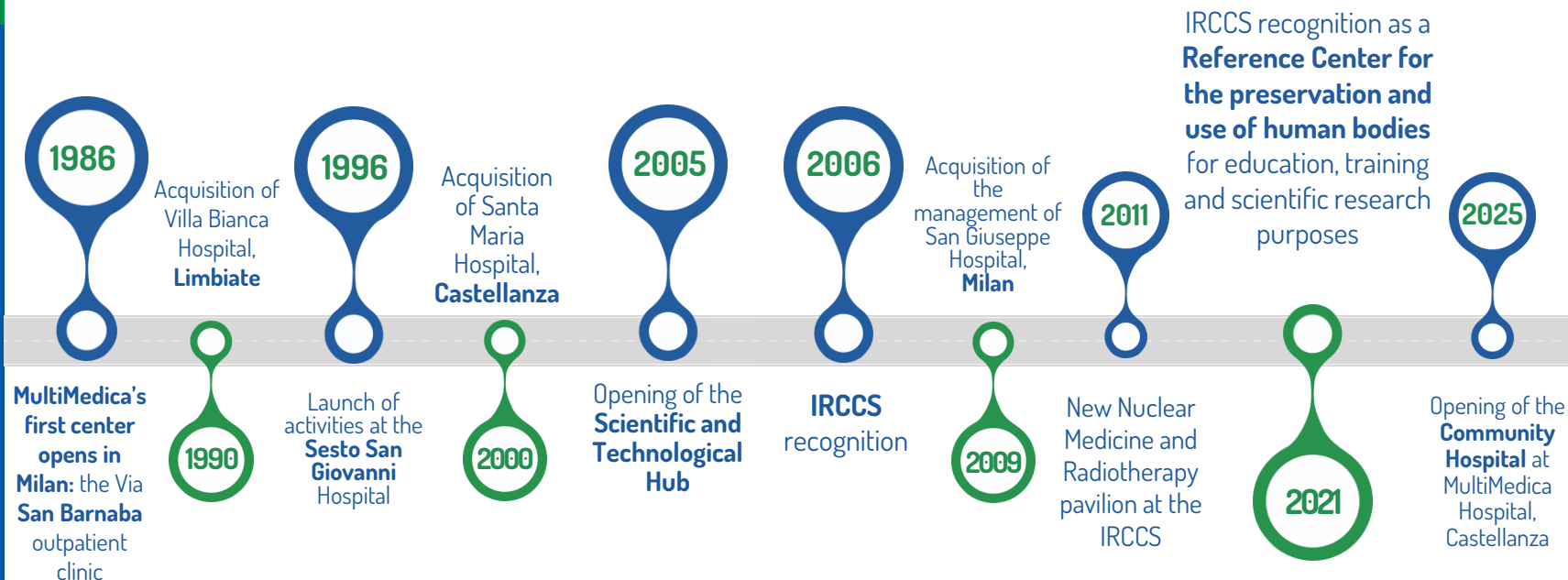
- **1 IRCCS** with sites at the Sesto San Giovanni Hospital and at the PST, the Scientific and Technological Hub in Milan, which also hosts the Reference Center for the preservation and use of human bodies for educational, training, and scientific research purposes;
- **3 hospitals**;
- **1 multispecialty outpatient clinic**;
- **1 Non-Profit Foundation**.

The MultiMedica Group is also a **university teaching hub**, affiliated with the University of Milan, the University of Milano-Bicocca and the University of Insubria, contributing to the education and training of future healthcare professionals through clinical, research and academic programs.





40 YEARS OF THE GROUP, 20 YEARS AS AN IRCCS



IRCCS MULTIMEDICA

Scientific Hospital for Cardiovascular
and Metabolic Diseases

- 26,400 sqm
- 163 beds
- 29 dialysis stations

**SCIENTIFIC &
TECHNOLOGICAL HUB**

- Research laboratories
- Center for Laboratory Medicine, Pathological Anatomy and Medical Genetics
- Center for Occupational Medicine
- Reference center for the preservation and use of deceased bodies
- 10,000 sqm

**SAN GIUSEPPE
HOSPITAL**

Classified Hospital
Teaching Hub, University of Milan

- 25,800 sqm
- 346 beds
- 12 dialysis stations
- 35 bassinets

**MULTIMEDICA
LIMBIATE HOSPITAL**

Rehabilitation Hospital

- 4,000 sqm
- 71 beds

**MULTIMEDICA
CASTELLANZA HOSPITAL**

General Hospital

- 23,300 sqm
- 262 beds
- 19 dialysis stations

Community Hospital

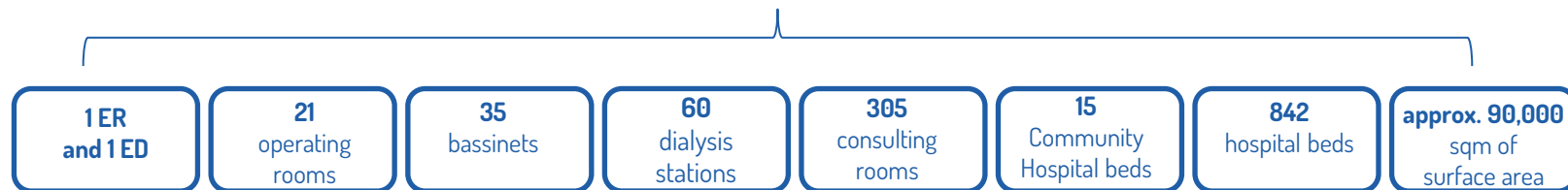
- 15 beds

**MULTIMEDICA
OUTPATIENT CLINIC**

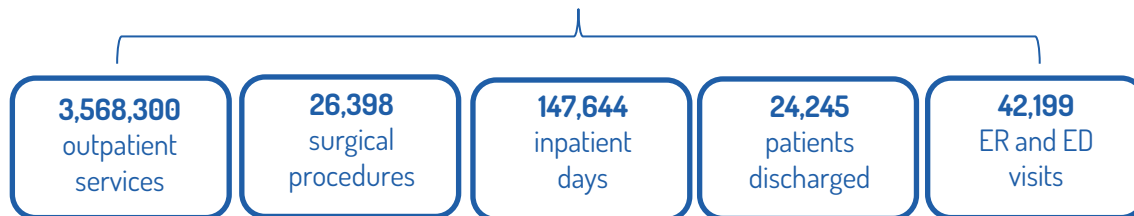
Multispecialty Clinic

- 542 sqm

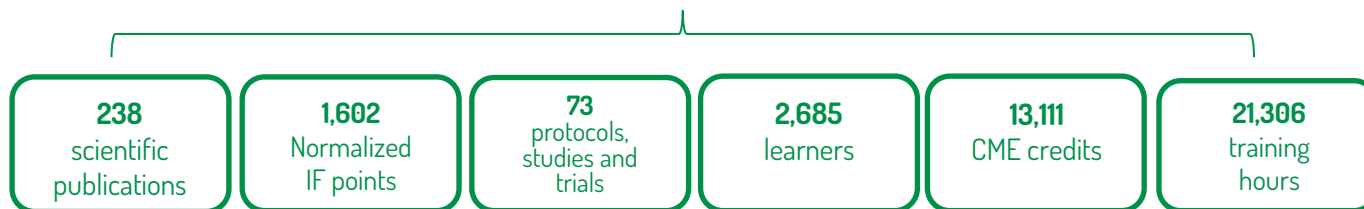
STRUCTURAL RESOURCES



ACTIVITY VOLUMES

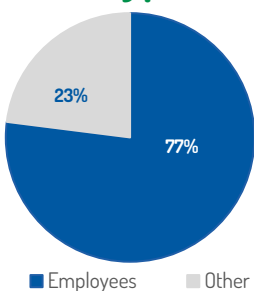


RESEARCH and TRAINING

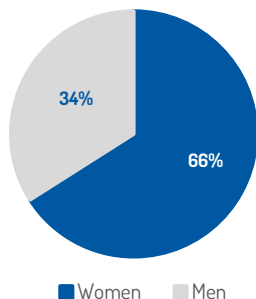


2,338 Employees

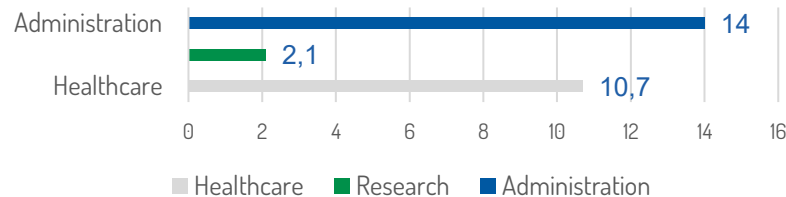
Employment type



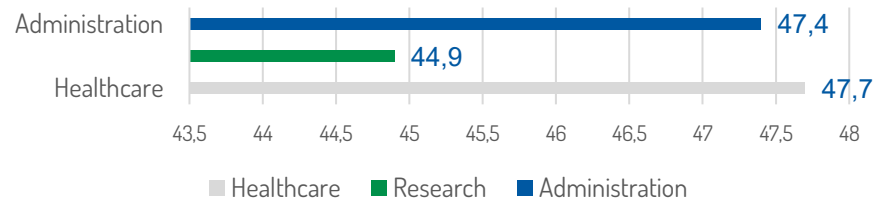
Women / Men



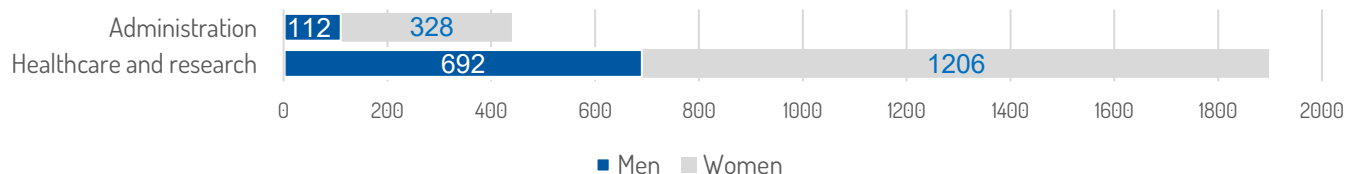
Seniority



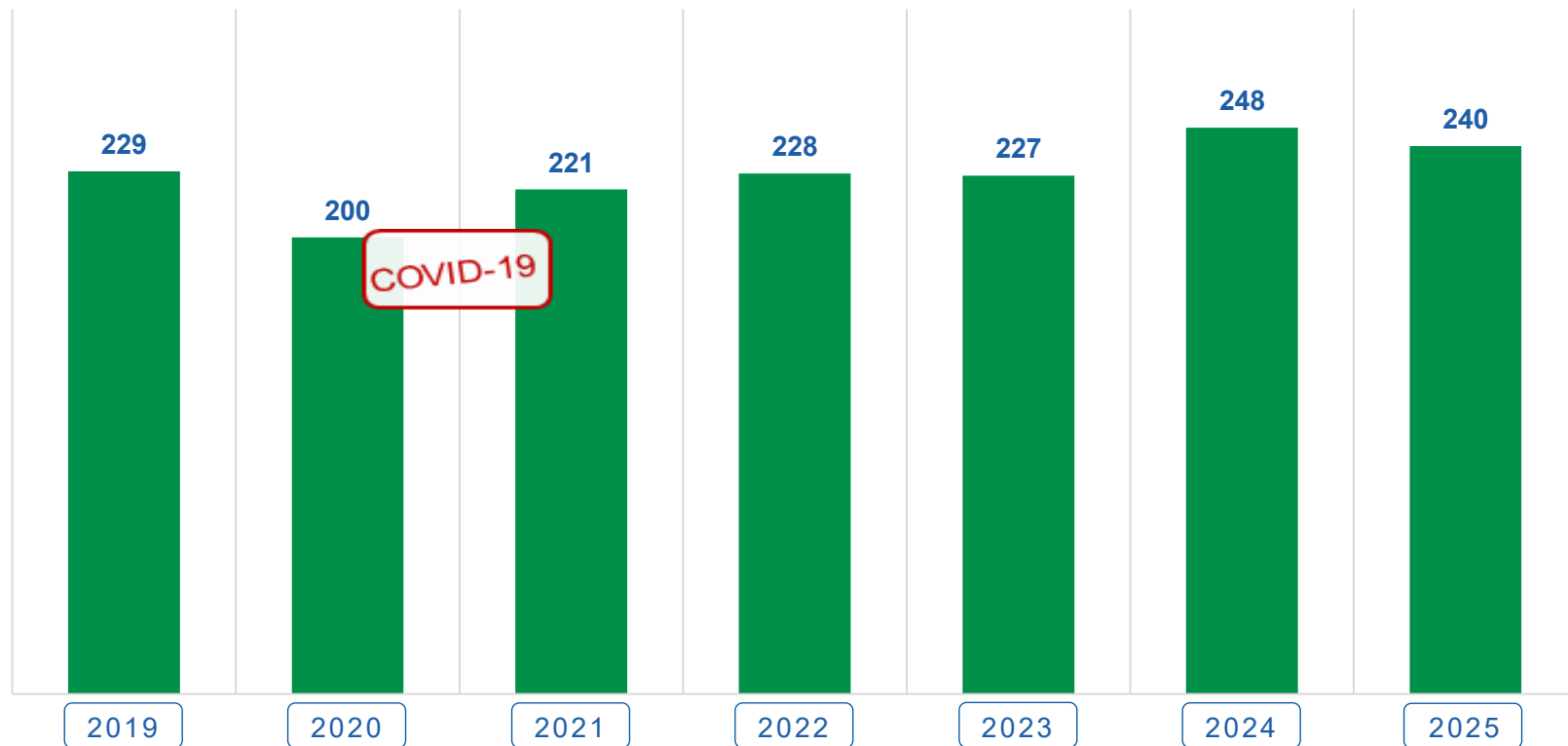
Average age / Professional area



Gender / Professional area



€/mn

 MultiMedica Group Revenue

2. CLINICAL CARE

Pages 10 to 21



ALLERGOLOGY

ANESTHESIA AND INTENSIVE CARE

BARIATRIC SURGERY

BREAST SURGERY

CARDIAC REHABILITATION

CARDIAC SURGERY

CARDIOLOGY

CERVICOFACIAL SURGERY

CLINICAL PSYCHOLOGY

DENTISTRY AND STOMATOLOGY

DERMATOLOGY

DIABETIC FOOT TREATMENT

DIETETICS

ELECTROPHYSIOLOGY AND CLINICAL
ARRHYTHMOLOGY

EMERGENCY AND URGENT CARE MEDICINE

ENDOCRINOLOGY AND DIABETOLOGY

GASTROENTEROLOGY AND DIGESTIVE
ENDOSCOPY

GENERAL SURGERY

GYNECOLOGY AND OBSTETRICS

HAND SURGERY AND REHABILITATION

HEPATOLOGY

INTERNAL MEDICINE

INTERVENTIONAL CARDIOLOGY

LABORATORY MEDICINE

MEDICAL AND MOLECULAR GENETICS

MEDICAL ONCOLOGY

NASAL ENDOSCOPY

NEONATOLOGY

NEPHROLOGY AND DIALYSIS

NEUROLOGY

NEUROPHYSIOLOGY

NUCLEAR MEDICINE

OCCUPATIONAL MEDICINE

OPHTHALMOLOGY

ORTHOPEDICS AND TRAUMATOLOGY

OTOLARYNGOLOGY
(ENT - EAR, NOSE AND THROAT)

PALLIATIVE CARE

PATHOLOGICAL ANATOMY AND
SOMATIC MOLECULAR DIAGNOSTICS

cont.



PHYSICAL AND REHABILITATION MEDICINE

PLASTIC, RECONSTRUCTIVE AND AESTHETIC SURGERY

PULMONOLOGY

PREGNANCY PATHOPHYSIOLOGY

RADIATION THERAPY

RADIOLOGY

THORACIC SURGERY

UROLOGY

VASCULAR SURGERY

In the clinical-healthcare field, the **MultiMedica Group** is also:

- ✓ Reference Center in the Lombardy Network for the **management of complex trauma and microvascular emergencies of the hand and upper limb**
- ✓ Reference Center for the **Lombardy STEMI Network**
- ✓ Reference Center for the **Lombardy Nephrology Network ReNe**
- ✓ Regional Level II Reference Center for **Vascular Surgery and thoracic disease**
- ✓ Regional Center for the **prevention, diagnosis and treatment of Diabetic Foot (Level III)**
- ✓ Spoke Center for **Digestive Endoscopy**

Cardiovascular and Metabolic Department

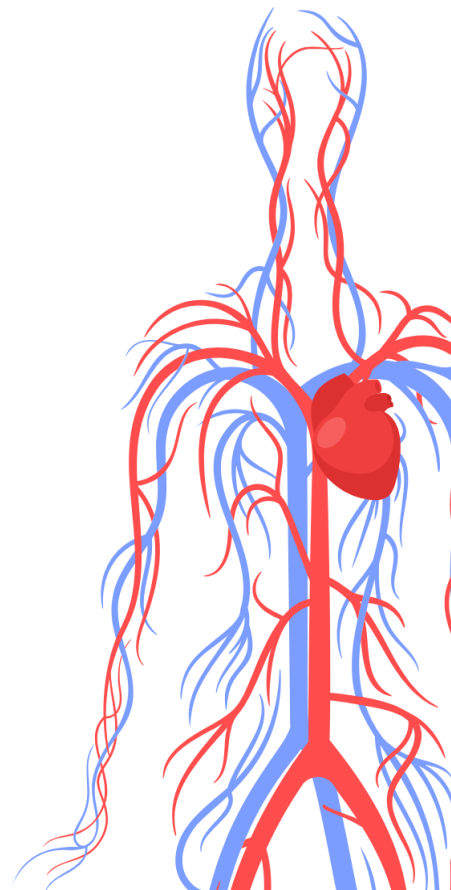
In 2006, the MultiMedica Hospital in Sesto San Giovanni, including the basic research activities carried out at the MultiMedica Scientific and Technological Hub in Milan, was recognized by the Ministry of Health as a **Scientific Institute for Research, Hospitalization and Healthcare (IRCCS) in the field of “Cardiovascular System Diseases”**. This prestigious recognition strengthened the role of the Cardiovascular and Metabolic Department as one of the Group’s flagship areas.

The **strong integration of care, clinical research and basic research** enables the IRCCS to excel in translational research, particularly in the study of Heart Failure and Diabetes.

Confirming the scientific and clinical value achieved, since May 2015, within the **National Networks of excellence for Cardiovascular Diseases**, the Ministry of Health has assigned IRCCS MultiMedica the coordination of the “*Heart Failure*” Working Group and has actively involved it in the “*Arterial Hypertension – Diabetes and metabolic complications*” Working Group.

With a **database of more than 30,000 patients**, the MultiMedica Group’s **Diabetology** unit is considered a national point of reference, capable of implementing personalized care pathways and comprehensive disease management, from pre-clinical onset through to the treatment of the most serious complications, such as diabetic foot.

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Within the **Cardiovascular and Metabolic Department**, the following also stand out:

Clinical Arrhythmology and Electrophysiology Center

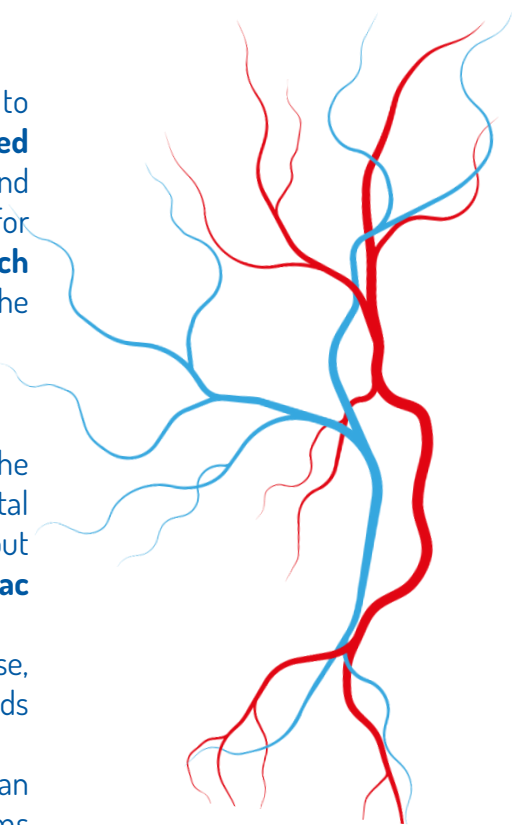
The mission of the Clinical Arrhythmology and Electrophysiology Center at IRCCS MultiMedica is to care for patients with cardiac and cardiovascular arrhythmias. The facility uses the **most advanced intervention methods and technologies**, such as transcatheter ablation of atrial fibrillation and subcutaneous or leadless defibrillators. Located within the MultiMedica Scientific Institute for Research, Hospitalization and Healthcare, the Center is also characterized by **extensive research activity**, focused on exploring further developments in implantable devices, broadening the indications for pharmacological options and fostering interdisciplinary collaboration.

Cardiac Rehabilitation Department

The MultiMedica Group's Specialist Cardiac Rehabilitation program operates **across 3 sites**: the Sesto San Giovanni IRCCS, San Giuseppe Hospital in Milan and the Castellanza Hospital, with a total of **108 beds**. Recognized regionally for its high level of clinical expertise, the Department stands out for the **treatment and follow-up of complex patients**, especially **after complicated cardiac surgery and/or with advanced chronic heart failure**.

Over the years, MultiMedica has developed highly specialized medical and nursing expertise, particularly in the care of patients with tracheostomy cannulas, complex surgical wounds (including infected wounds with deep diastasis) and refractory heart failure.

The growing clinical complexity linked to population aging and increasing comorbidities requires an **integrated, multidisciplinary approach**. For this reason, MultiMedica has created specialist teams including internists, infectious disease specialists, nephrologists, intensivists and dietitians, able to effectively address and resolve the critical issues that may arise during each patient's cardiac rehabilitation pathway.



cont. →

Center for the prevention, diagnosis and treatment of diabetic foot disease

The Center is highly specialized in the **prevention, diagnosis and treatment of diabetes-related complications**, thanks to a multidisciplinary approach integrating diabetology, vascular surgery, interventional radiology, infectious diseases, plastic surgery and rehabilitation.

As a **Level III Regional Center for Diabetic Foot**, MultiMedica also manages the most complex cases, with the aim of reducing the risk of amputation, preserving limb function and improving patients' quality of life.

Among the innovative techniques adopted by the Center is **Transverse Tibial Translation (TTT)**, an advanced surgical procedure applied to patients with critical ischemia and non-healing diabetic ulcers.

The method stimulates neoangiogenesis and promotes tissue revascularization, increasing the chances of ulcer healing and limb salvage.

The technique involves a small, controlled cut in the tibia. This creates what is known as a “false fracture signal”. The body interprets this stimulus as an injury to be repaired, activating regenerative processes that stimulate the formation of new blood vessels (neovascularization) and increase blood flow to the leg and foot.



cont. →

Center for the care and treatment of obesity

The MultiMedica Group's **Obesity Care Center** is a national reference point, recognized by **SICOB – the Italian Society for Obesity Surgery and Metabolic Diseases**.

The Center follows patients throughout the entire multidisciplinary care pathway, through a team of health professionals including bariatric surgeons, nutritionists, psychologists, endocrinologists, diabetologists and internists.

It stands out for a comprehensive approach to the disease, focused not only on weight loss but also on **improving metabolic and cardiovascular status and patients' quality of life**.

The therapeutic approach includes personalized pathways that may comprise:

- **BOOST – Body Optimization and Obesity Support Team**, a multidisciplinary program dedicated to movement and functional reactivation, supported by Artificial Intelligence.
- **Innovative drug therapies** that not only help reduce appetite and increase satiety, but are also associated with significant cardiovascular and metabolic health benefits.
- **Transcranial Magnetic Stimulation (TMS)**, an innovative method used to support the control of emotional hunger, food impulsivity and neurobehavioral mechanisms related to obesity.
- **Bariatric surgery**, with latest-generation minimally invasive techniques for patients with severe obesity and associated comorbidities.
- **Nutritional and behavioral programs** aimed at sustainable lifestyle change.

The strong integration of clinical care, prevention, rehabilitation and technological innovation allows the Center to provide comprehensive care for patients with obesity, with pathways tailored to each person's clinical, metabolic and psychological needs.



Pulmonology

A flagship service of San Giuseppe Hospital, the **Rare Lung Diseases Center** is one of the few in Europe to provide integrated, specialist care for both rare interstitial lung diseases (such as pulmonary fibrosis, sarcoidosis and LAM) and vascular diseases (pulmonary hypertension, vasculitis), as well as connective tissue diseases with pulmonary involvement.

With **more than 1,000 patients under care**, the Center is recognized by the Lombardy Region as a regional reference center for rare diseases, with a specific focus on LAM (lymphangiomyomatosis), for which it is a clinical and scientific reference point at national level.



Maternal and Child Care Department

San Giuseppe Hospital is a **reference point in Milan for pregnancy, childbirth and support for parenthood**. Every year, **approximately 1,200 babies are born** in its delivery rooms, equipped with the most modern technologies.

The **multidisciplinary team** includes specialists in gynecology, obstetrics, pregnancy physiopathology and neonatology, supported by midwives and pediatric nurses with specific expertise in the management of newborns with medical conditions.

The **Neonatology Unit, classified as a Level II Center**, has bassinets equipped to care for newborns with conditions, ensuring safe and specialized care from the very first moments of life.

The offering is completed by **numerous specialized outpatient clinics** – including Neonatal Osteopathy – and supplementary services for new parents and their babies, such as cord blood collection, the Donated Human Milk Bank and home obstetric-nursing care.



Hand Surgery and Rehabilitation

Founded in 1996, the MultiMedica Group's **Hand Surgery and Rehabilitation Unit** is now the largest department of its kind in Europe. With more than 80 dedicated professionals and **around 8,000 procedures performed every year** – including **more than 600 on children with congenital malformations** – it represents a national center of clinical and training excellence.

It hosts the **Specialty School** and is a point of reference in Italy for professional training in Hand Surgery.

The Unit can treat a **wide range of conditions**: trauma, degenerative diseases, congenital malformations, tumors and complex pain syndromes. The surgeon assesses the **most appropriate approach** case by case, choosing among traditional surgery, minimally invasive techniques and microsurgery.

The post-operative pathway is followed by a team of **highly specialized physiotherapists** who design a personalized rehabilitation program for each patient, essential for restoring full function.



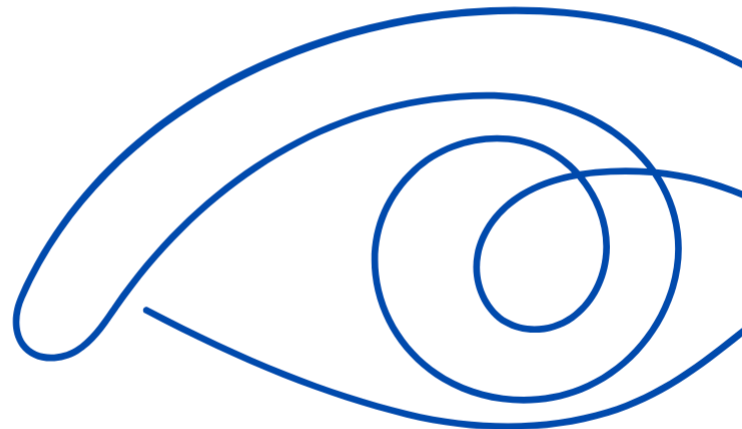
Ophthalmology

The Ophthalmology Center at San Giuseppe Hospital is a center of excellence for the diagnosis, treatment and monitoring of a wide range of eye diseases.

Thanks to a highly qualified team, **advanced technologies** and a strong clinical-scientific tradition, the Center can treat a **broad spectrum of eye conditions**, offering specialized and personalized care pathways.

Conditions treated include age-related cataracts, eyelid disorders, corneal diseases, glaucoma, retinal diseases, Vernal keratoconjunctivitis, anterior segment disorders and tear film disorders.

In pediatrics, the Center is recognized at European level for the management of serious eye diseases such as congenital cataract, congenital glaucoma, congenital ptosis and inherited retinal dystrophies.



Neurological rehabilitation

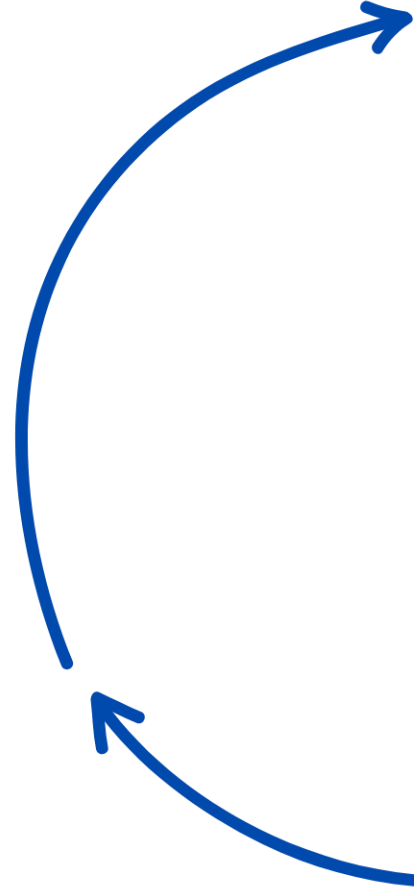
Specialist Rehabilitation is available in all MultiMedica Group hospitals, with pathways covering the full spectrum of rehabilitation needs, from neuromotor to respiratory rehabilitation.

Special mention should be made of **High-Complexity Intensive Neurological Rehabilitation**, organized in an integrated manner across the Group's facilities.

The *Limbiate Hospital* offers **neurological patients** – particularly those with movement disorders and severe acquired brain injuries – access to a meta-cognitive rehabilitation pathway in a specially designed space called the **Integrated Laboratory**, where psychologists and physiotherapists share a pathway integrating neuromuscular recovery and the cognitive experience of motor relearning.

At the *Castellanza Hospital*, in the field of **neurological injuries**, the case mix is characterized by the treatment of residual disability resulting from spasticity. In this area, extensive use is made of the **Movement Analysis Laboratory**, equipped with the latest multifactorial analysis instruments, which allow instrumental patient assessment to be combined with clinical data.

Finally, *San Giuseppe Hospital* specializes in the care of patients with **ischemic stroke or cerebral hemorrhage** in the post-acute phase. Patients are followed with a multidisciplinary approach: medical, physiotherapy and nursing care and, in selected cases, speech therapy and psychological support.



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3. RESEARCH and TRAINING

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Within clinical and **translational research in the cardiopulmonary-metabolic field**, IRCCS MultiMedica designs and conducts highly innovative studies aimed at implementing precision medicine.

All studies place **patients at the center of care and research** through the use of patient-reported outcomes, which help evaluate the effectiveness of innovative therapies by including information on patients' perception of efficacy and quality of life.

In this direction, the Institute pursues:

- **Continuity of care** aimed at improving patient care and reducing hospital admissions and related costs, also through intensive adoption of new remote monitoring and telemedicine technologies (with particular reference to heart failure, respiratory failure and diabetes).
- **New models of primary cardiovascular and pulmonary prevention** through the coordination of research, care and assistance activities on major cardiovascular and pulmonary risk factors such as diabetes, obesity, dyslipidemia and hypertension, environmental pollution and dysmetabolism.
- **New prevention strategies for cardiovascular, pulmonary and oncological diseases** based on evidence of cardio-oncology and reverse cardio-oncology associations.
- **New internal organizational models for the care of patients** with cardiovascular diseases through the systematic adoption of diagnostic-therapeutic care pathways (PDTA).
- **Support for young researchers** and promotion of their participation in internal and external, national and international calls.



IRCCS MultiMedica: one Institute operating across 2 sites

- The Sesto San Giovanni Hospital is the heart of the **IRCCS's clinical activity and translational research**. Here, high-level care and clinical experimentation are integrated, with a specific focus on cardiovascular, metabolic and pulmonary diseases.
- The Scientific and Technological Hub in Milan (PST), dedicated to **basic and applied research**, provides a highly specialized environment for the development of preclinical and experimental research projects.

The MultiMedica **Scientific and Technological Hub** also hosts the **Reference Center for the preservation and use of bodies of deceased persons** for study, training and scientific research purposes. The Center is a resource of excellence for advanced surgical training, anatomical study and the development of medical-scientific innovation.

Translational Research Laboratories

- Lipids, lipoproteins and cardiovascular diseases
- Metabolic and cardiovascular diseases
- Genetics of cardiovascular diseases of aging
- Innovative methods for the prevention and treatment of chronic degenerative diseases
- Molecular pathology, biochemistry and immunology
- Cardiovascular pathophysiology and regenerative medicine

Facilities

- Cell cultures
- Microscopy
- GMM BSL-2
- Flow cytometry
- Bacterial cultures
- Omics Lab



RESEARCH LINE 1

Common and rare cardiovascular and pulmonary diseases: cardiopulmonary pathophysiology, translational studies, diagnosis, therapy and personalized secondary prevention.

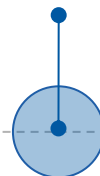
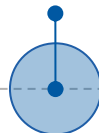
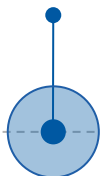
RESEARCH LINE 2

Dysmetabolism, obesity, aging and inflammation-immunology as common risk factors for cardiorespiratory diseases and their chronic-degenerative consequences (nephropathies, reverse cardio-oncology, neurological consequences): translational studies, clinical-experimental applications and precision primary prevention.

RESEARCH LINE 3

Role of the MACRO-environment (external) and MICRO-environment (internal) in the development and progression of cardiopulmonary diseases.

Research Lines



Research 2025

- **1,602.14 Normalized Impact Factor points** for **238 publications** attributable to the Cardiovascular-Pulmonary Research area alone
- **73** active trials with **2,192** patients enrolled
- **€6.502** million in Italian and international public grants
- **€1.482** million in Italian and international private funding

Network

To increase the effectiveness of its research activity, IRCCS MultiMedica has established agreements with various universities, private institutes and public research bodies.

It is also a member of the “**Cardiology Network**” promoted by the Ministry of Health to coordinate scientific and technological research in the field of cardiovascular diseases and related risk factors.

Within this framework, IRCCS MultiMedica participates in multi-year projects of national relevance, such as Health Big Data - Virtual Pathology Institutes of the Italian IRCCS Network and CVRISK-IT Trial, Novel risk prediction approaches for the primary prevention of cardiovascular diseases in Italy.

Training: institutional objectives

1. Contribute to classroom and field training for the new generation of medical and nursing professionals
2. Protect employees' health by providing internal training courses on injury prevention and workplace safety in accordance with legal requirements
3. Keep general practitioners, specialists and allied health professionals up to date in research, clinical care and healthcare organization



Internal Training 2025

21,306 training hours | 2,685 learners | 13,111 CME credits

The overall assessment of the training offering and faculty is more than good: **3.7 on a scale from 0 to 4.**

For the activities delivered, the Training Office used interprofessional funds and grants/sponsorships (Fondimpresa, Fondirigenti, dedicated funds) for 45%, free teaching for 42%, and directly covered 13% of the cost.

University Training 2025

The MultiMedica Group has agreements with the University of Milan and the University of Milano-Bicocca.

In particular, San Giuseppe Hospital is a Teaching Hub for the Degree Programs in Medicine and Surgery, Nursing and Orthoptics at the University of Milan.

178 Medicine and Surgery students | 153 Nursing students | 55 Orthoptics students

Training on anatomical specimens

Within its MultiMedica Scientific and Technological Campus, the Group has implemented the Cadaver Laboratory, the first internal facility of its kind within a hospital group. It is a space where healthcare specialists can study and refine surgical practices, deepen anatomical knowledge and experiment with new interventional approaches.

In 2021 it was recognized as a **Reference Center for the preservation and use of bodies of deceased persons for study, training and scientific research purposes.**

4. B2B SERVICES

Pages 27 to 29



MultiMedica Corporate Health Partner

Integrated solutions for prevention, health and well-being in the workplace

In a constantly evolving work environment, taking care of employees' health is not only an ethical responsibility, but a concrete investment in organizational well-being, productivity and corporate sustainability.

MultiMedica supports companies as a Corporate Health Partner, providing an integrated ecosystem of healthcare services: occupational medicine, prevention programs, health check-ups, training, workplace vaccination campaigns, corporate health benefits and corporate agreements.

The MultiMedica approach combines the clinical and scientific excellence of a leading hospital and research group with the organizational flexibility needed to build customized, scalable and multi-site solutions.

Number of **client companies** → over 700

Number of **employees** → approx. 10,000

A complete and modular offering

Occupational medicine

Health surveillance, medical record management, health protocols, on-site visits and regulatory consulting nationwide.

Prevention and health check-ups

Customizable prevention and check-up programs, with a dedicated tutor physician, fast specialist pathways and access to advanced diagnostic technologies.

Corporate vaccinations

Vaccination campaigns (flu and others) organized on-site or at MultiMedica facilities.

Training and health education

Training meetings and wellbeing programs developed with MultiMedica medical specialists on prevention, nutrition and healthy lifestyles.

Corporate healthcare programs

Corporate health benefits and screening programs integrated with health surveillance, optimizing the available tax benefits.

Corporate agreements

Preferential access to MultiMedica facilities and services for employees and their families.



NEWSLETTER MULTIMEDICA

Un nuovo canale di **informazione** del Gruppo MultiMedica che raccoglie i contributi di tutti i nostri specialisti.

Un appuntamento periodico di divulgazione e confronto, con **curiosità e consigli pratici** per il benessere e la salute di grandi e piccini.

[ISCRIVITI](#)

ISCRIVITI



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Ospedale San Giuseppe Gruppo MultiMedica



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