

Event endorsed by



D&CVD

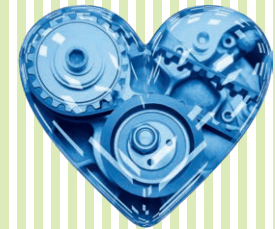


2nd EDITION **Update on Diabetes and CVD**

**Meeting in cooperation
between:**
D&CVD Study Group
(Reference Study Group of EASD)
IRCCS MultiMedica, Milan
University of Campania
“Luigi Vanvitelli”

17th-18th January 2025

NAPLES
Hotel Royal Continental





SCIENTIFIC RATIONALE

The presence of hyperglycemia associated with the well-known risk factors of metabolic syndrome and diabetes itself predisposes to important cardiovascular complications which strongly impact not only the patient's quality of life, but, more generally, the entire community, also from an economic point of view. The cardio-vascular-renal complications of diabetes still represent the major cause of mortality and disability, resulting in hospital admission in over 75% of cases.

In recent years, different categories of drugs with proven positive effects determining a significant cardiovascular and renal event reduction have been recommended in national and international guidelines, for the early treatment of diabetes. It is of the utmost importance to assess cardiovascular risk in individuals with diabetes who do not have clinical evidence of cardiovascular disease yet, in order to identify those at the highest risk. For these patients maximum prevention must have to be immediately activated, including lifestyles modifications and the implementation of the most appropriate therapy.

From stratification of cardiovascular risk to screening, diagnosis and treatment.

The new Guidelines of the European Society of Cardiology (ESC), for cardiovascular diseases, in people with diabetes, evaluate and summarize the available scientific evidence, with the aim of supporting health professionals in proposing the best diagnostic and therapeutic approach.

The purpose of this course is therefore to deepen and update the current knowledge about the prevention of diabetes complications, taking advantage of the maximum interaction between cardiologists and diabetologists. Further goals are to deepening the epidemiology and the pathogenesis of renal and cardiovascular diseases, the beneficial effects of prevention, the comparison of the different therapeutic approaches and the possible advantages of an earlier and more generalized use.



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University of Campania "Luigi Vanvitelli"

INVITED FACULTY

Tadej Battelino, Ljubljana (SI)
Cesare Berra, Milan (IT)
Federico Bertuzzi, Milan (IT)
Raffaella Buzzetti, Rome (IT)
Paolo Calabrò, Naples (IT)
Riccardo Candido, Trieste (IT)
Antonio Ceriello, Barcelona (ES)
Annamaria Colao, Naples (IT)
Caterina Conte, Rome (IT)
Salvatore De Cosmo, Bari (IT)
Giovanni Esposito, Naples (IT)
Katherine Esposito, Naples (IT)
Amalia Gastaldelli, Siena (IT)

Francesco Giorgino, Bari (IT)
Paolo Golino, Naples (IT)
Per-Henrik Groop, Helsinki (FI)
Didac Mauricio, Catalonia (ES)
Ciro Mauro, Naples (IT)
Barbara McGowan, London (UK)
Paola Muti, Milan (IT)
Giovanni Francesco Nicoletti, Naples (IT)
Mark Nieuwenhuijsen, Barcelona (ES)
Emanuela Orsi, Milan (IT)
Giuseppe Paolisso, Naples (IT)
Pasquale Perrone Filardi, Naples (IT)
Paola Ponzani, Chiavari, GE (IT)

Scientific Directors

Cesare Celeste Federico Berra
Antonio Ceriello
Paola Muti
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Giuseppe Pugliese, Rome (IT)
Giuseppe Rosano, London (IT)
Peter Rossing, Copenhagen (DK)
Giuseppina Russo, Messina (IT)
Ferdinando Carlo Sasso, Naples (IT)
Peter Schwarz, Dresden (DE)
Samuel Seidu, Leicester (UK)
Paul Valensi, Aubervilliers (FR)
Luc Van Gaal, Antwerp (BE)
Michal Vrablik, Prague (CZ)

DAY 1: JANUARY 17th 2025

09.00-09.20 **Welcome and introduction to the meeting**

Antonio Ceriello (Chair D&CVD Study Group)

Paola Muti (Scientific Director IRCCS MultiMedica)

Gianfranco Nicoletti (Rector - University of Campania "Luigi Vanvitelli")

Giuseppe Paolisso (Vanvitelli University)

09.20-09.30 **Aim of the meeting**

Cesare Berra (IRCCS Multimedica)

09.30-10.30 **Environment and diabetes**

Chairmen: Antonio Ceriello,

Ciro Mauro

09.30-09.45 **Air pollution exposure and cardiometabolic risk**

Mark Nieuwenhuijsen

09.45-10.00 **Micro and nanoplastics and CVD**

Giuseppe Paolisso

10.00-10.15 **Micro and nanoplastics and CVD in diabetes**

Francesco Prattichizzo

10.15-10.30 **Discussion**

10.30-11.30 **Cardio-renal disease in type 1 diabetes**

Chair: Salvatore De Cosmo

10.30-10.45 **CVD in type 1 diabetes**

Didac Mauricio

10.45-11.00 **CKD in type 1 diabetes**

Per-Henrik Groop

11.00-11.15 **New therapeutic perspective**

Peter Rossing

11.15-11.30 **Discussion**

11.30-12.00 **Coffee Break**

12.00 -13.00 **Weight management and possible side effects**

Chair: Annamaria Colao

12.00-12.15 **Weight management in obesity**

Luc Van Gaal

12:15-12:30 **Weight management in type 2 diabetes**

Katherine Esposito

12.30-12.45 **Weight management in type 1 diabetes**

Francesco Bertuzzi

12.45-13.00 **Discussion**

13.00-14.00 **Cardio-renal disease in type 2 diabetes**

Chair: Paolo Calabrò

13.00-13.15 **How cardiologists can manage excess body weight and related cardiovascular risk**

Pasquale Perrone Filardi

13.15-13.30 **The link between heart failure and kidney disease: how to face diabetes?**

A cardiologist point of view - Giuseppe Rosano

13.30-13.45 **The link between heart failure and kidney disease: how to face diabetes?**

A diabetologist point of view - Paul Valensi

13.45-14.00 **Discussion**

14.00-15.00 **Lunch**

15.00-16.00 **Lectures**

Chairmen: Antonio Ceriello, Giuseppe Paolisso

15.00-15.30 **The reality of diabetes prevention**

Peter Schwarz

15.30-16.00 **The link between diabetes, cancer and CVD**

Paola Muti

- 16.00-17.00 **Cardio-renal disease in type 2 diabetes**
Chair: Giovanni Esposito
- 16.00-16.15 **Non-conventional risk factors: “Fact” or “Fake” in cardiovascular disease prevention?**
Paolo Golino
- 16.15-16.30 **MASLD/NASH and CVD**
Amalia Gastaldelli

- 16.30-16.45 **The RIACE trial**
Giuseppe Pugliese
- 17.45-18.00 **From CVOT to guidelines: the value of SGLT2-i in prevention and treatment of MTC2**
C. Berra
- 18.00-18.15 **Discussion**
- 18.15 **End of day one**

DAY 2: JANUARY 18th 2025

- 09.00-10.00 **What's new on devices e monitoring in type 2 diabetes**
Chair: Emanuela Orsi
- 09.00-09.15 **How can CGM help?**
Tadej Battelino
- 09.15-09.30 **Platforms and devices: how can help in type 2 diabetes**
Paola Ponzani
- 09.30-09.45 **Adherence and technology: new possibility for old problems**
Caterina Conte
- 09.45-10.00 **Discussion**
- 10.00-11.00 **Clinical inertia**
Chair: Raffaella Buzzetti
- 10.00-10.15 **Defining clinical inertia**
Samuel Seidu
- 10.15-10.30 **The situation in Italy**
Riccardo Candido
- 10.30-10.45 **Is starting with more drugs the solution?**
Francesco Giorgino
- 10.45-11.00 **Discussion**

- 11.00-11.30 *Coffee Break*
- 11.30-11.50 **Bempedoic Acid**
Michal Vrablik
- 11.50-12.10 **iPCSK9 and cardiovascular risk control in patients at high risk**
Francesco Bandera
- 12.10 -12.30 **Discussion**
- 12.30-13.30 **New perspectives**
Chair: Ferdinando Carlo Sasso
- 12.30-12.45 **New insulins**
Cesare Berra
- 12.45-13.00 **New therapies for the treatment of diabetes and obesity**
Barbara McGowan
- 13.15-13.30 **How early should be the use of SGLT-2i and GLP-1RA?**
Giuseppina Russo
- 13.30-13.45 **Discussion**
- 13:45-14:00 **Closing remarks and take-home messages**
- 14:00 **End of meeting**



DATE

17th-18th January 2025

VENUE

Hotel Royal Continental
Via Partenope, 38 - 80121 Napoli

ORGANIZING SECRETARIAT & CME PROVIDER - 181



PROVIDER CME STANDARD accredited by the National Commission for Continuing Medical Education of the Ministry of Health with number 181.

MIND DISTRICT - The Hive/H2 - Viale Decumano 36, 20157 Milano
giada.giuliani@dynamicom-education.it



The meeting is accredited for the Italian physicians, in accordance with the existing national laws on CME.

Profession: Physicians and Nurse

Reserved to the following categories:

Metabolic Diseases and Diabetology, Endocrinology, Cardiology, Geriatrics, Internal Medicine.

Number of participants: 200

Training objective: n. 3

Assigned CME credits:

Official meeting languages: Italian and English

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